

# Coolum

State High School

## Tuckshop Menu 2009

Open Monday – Friday

<i>Breakfast</i>	7.30am – 8.30am
<i>Morning Tea</i>	11.05am – 11.45am
<i>Lunch</i>	12.55pm – 1.35pm

Telephone: 5448 1028



### DAILY SPECIALS (refer to blackboard)

#### SNACKS

MUFFINS .....	\$2.80
LIGHT APPLE PIES.....	\$2.80
FRUIT SALAD CUPS.....	\$2.50
YOGHURT .....	\$3.00
RED ROCK CHIPS .....	\$1.00
OVALTEENIES .....	\$0.80
NUTELLA .....	\$0.50
FRESH FRUIT .....	\$0.80

#### ICE CREAMS

Callipo Mini.....	\$1.00
Paddle Pops.....	\$1.20
Frozen Yoghurt.....	\$2.00
Boost Bliss Bars.....	\$2.00
Paddle Pop Thick Shakes.....	\$2.00
Icy Twist.....	\$0.90
Splice.....	\$2.00

### DRINKS

#### WATER

600ml.....	\$1.80
1L.....	\$2.40

#### PLAIN MILK

600ml.....	\$2.00
1L.....	\$2.90

#### FLAVOURED MILK

300ml.....	\$2.20
600ml.....	\$3.20

#### JUICE (APPLE/ORANGE)

375ml.....	\$2.00
500ml.....	\$2.40

PLAY WATER.....	\$2.40
APPLE ISLE.....	\$2.20
MILK SHAKES.....	\$3.70
POPPERS.....	\$1.20

#### EXTRAS

TOMATO SAUCE .....	\$0.30
SOUR CREAM.....	\$0.50
PLASTIC CUTLERY .....	\$0.10

## BREAKFAST

MUFFINS	
	large ..... \$2.20
FULL ENGLISH MUFFIN .....	\$1.50
	(cheese/jam/vegemite)
TOASTED SANDWICHES .....	\$3.50
	chicken and cheese
	ham, cheese and tomato
	ham and cheese
	cheese and tomato
FRUIT SALAD CUPS.....	\$2.50
FRESH YOGHURT .....	\$2.50
FROZEN YOGHURT .....	\$2.00
RAISIN TOAST .....	\$1.50

- **PRE-PAID ORDERS**  
Morning tea and lunch orders can be placed before school  
Lunch orders can be placed at morning tea
- **PRICES SUBJECT TO CHANGE**
- **SPECIAL DIETARY REQUIREMENTS WILL BE CATERED FOR. ASK AT COUNTER.**

## FRESH CHOICES

SANDWICHES.....	\$3.50
	chicken, lettuce and mayo
	chicken, lettuce and avocado
	chicken and salad
	ham and salad
	(V) egg and lettuce
	bacon, lettuce, tomato
WRAPS .....	\$2.80
	chicken and salad
	sweet chilli chicken and salad
ROLLS .....	\$4.00
	chicken and salad
	ham and salad
SALAD PACKS .....	\$4.50
	chicken and salad
	sweet chilli chicken and salad
	ham and salad
	(V) quiche and salad
	(V) garden salad
QUICHE of the day (slice).....	\$2.80

**V = Vegetarian**  
**W = Winter Menu**

- **DAILY SPECIALS** including lasagne, sushi, pumpkin soup – check blackboard

## HOT FOOD

CURRY VEGIE ROLL.....	\$2.80
SPINACH CHEESE PARCEL.....	\$3.00
PIES	
	(V) sweet potato and lentil..... \$2.80
	chunky beef..... \$2.60
	potato..... \$2.80
SAUSAGE ROLLS.....	\$2.50
BURGERS (all served with salad) .....	\$4.00
	chicken
	sweet chilli chicken
	beef
WEDGES (with cheese) .....	(V) \$2.20
HOTDOGS.....	\$2.50
	with cheese..... \$2.80
CHICKEN FINGERS (6) .....	\$2.70
NACHOS with salsa and cheese .....	(V) \$2.50
PIZZA ROUNDS .....	\$2.50
TOASTED SANDWICHES .....	\$3.50
	savoury mince and cheese (W)
	or see BREAKFAST menu
TOASTED LAVASH with cheese.....	\$2.00
	chicken, ham or sweet chilli chicken
SUBS .....	\$3.50
	sweet chilli chicken
	chicken caesar
	garlic chicken
	bacon, lettuce, tomato